

FIG.3

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402 — World Family Cookbook Category: Recipes	Created by:		kcooley@coolware.com	kcooley@coolware.com						snider5556@aol.com	snder5556@aol.com	andy@culinary.com	p@x.com
404	Description	Dips and pre-meal fare	A whole hodgepodge of salads	There's one to fit your mood	The meals magnificent mainstay	Life's short; eat dessert first	Bread is the staff of life	To spruce up any dish	To drink alone and with a meal	Lighter fare	Festive, tasty and colorful	Got a craving for carbs?	Boiled, Fermented and Fried
Center	Category	Hors d'oeuvres	Salads	Soups	Main Dishes	Desserts	Breads	Sauces & Condiments	Beverages	Weight Watchers	Holiday Recipes	Pasta Dishes	Cooked Spiders
The Knowledge Center	Visual Category Map	Create New Category	Suggestion Box	Contact Us	O CONTRACTOR	digit			.,				
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FIG.4

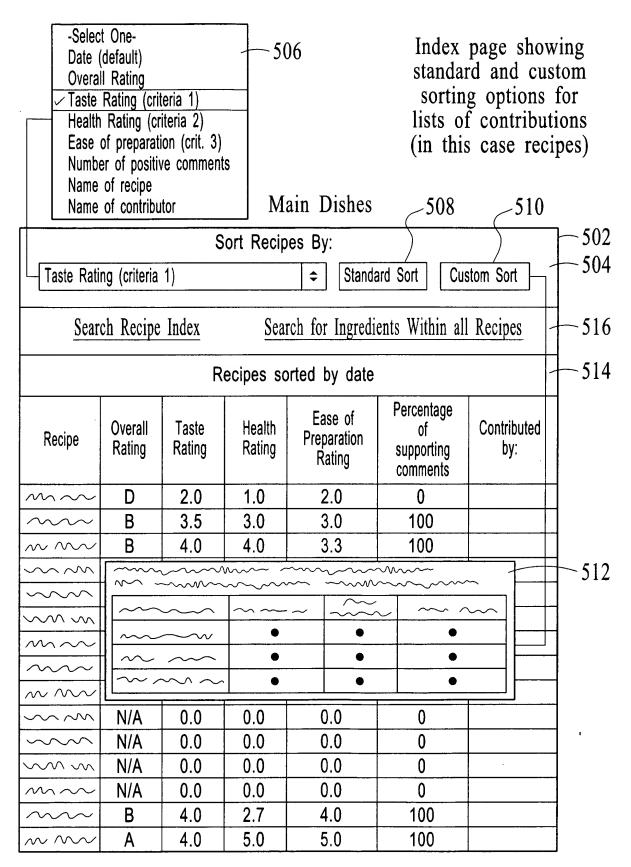


FIG.5

Map of Categories in this Knowledge Base

Recipes						
Hors d'oeuvres						
- Caponata: Sweet and Sour Eggplant and Tomato Hors d'oeuvre						
_ Eggplant Caviar						
_ <u>Chicken Liver</u>						
Anchovy Balls						
FIELD TRIP ANTIPASTO						
ARTICHOKE FRITTATA						
HOT CRAB DIP						
SALMON MOUSSE						
Anchovy Balls						
Stuffed Mushrooms						
Rocky Mountain Oysters						
<u>Salads</u>						
- Bulgar and Chicken Salad						
- Chicken and Fruit Salad with						
_ Cranberry Mold						
_ L Caesar Chicken Pasta Salad						
_ Curried Rice Salad with Melon, Raisins, and Peanuts						
BALKAN CUCUMBER SALAD						
CUCUMBER AND POTATO SALAD						
DUTCH HERRING SALAD						
Cranberry Apple Gelatin Mold						
Triple Cranberry Sauce						

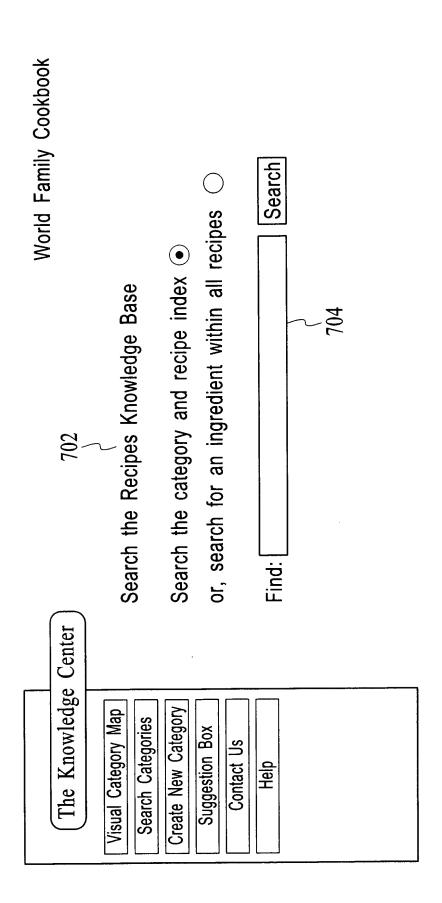


FIG.

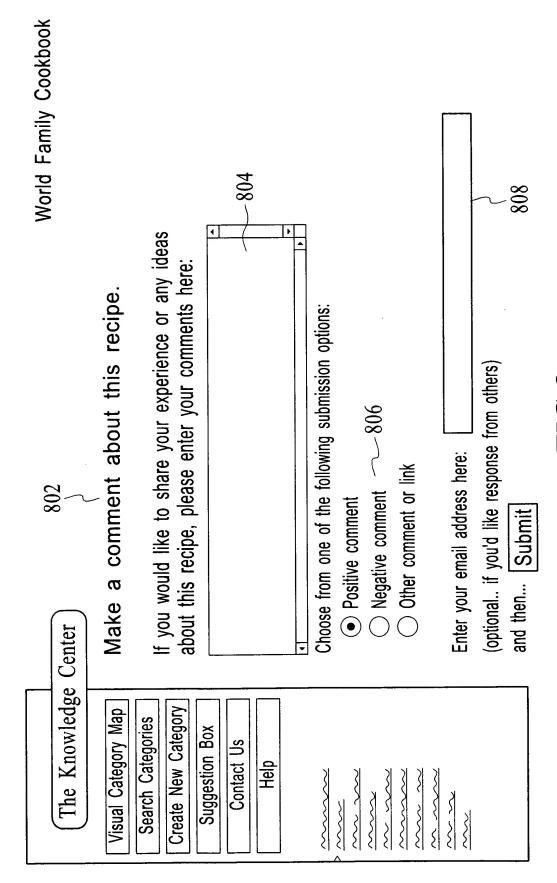


FIG.8

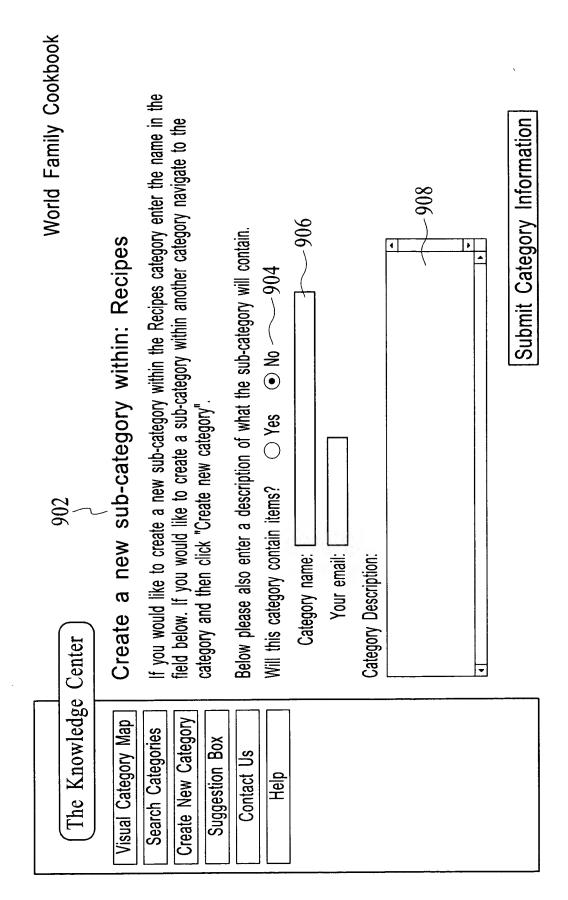


FIG.9

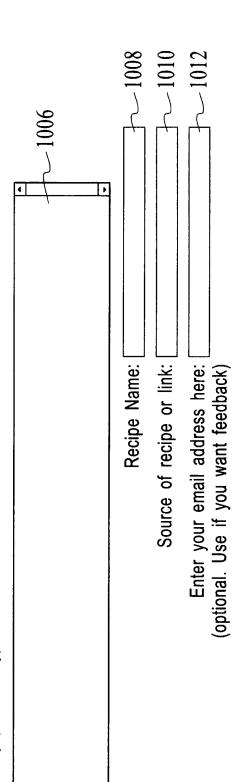
FIG. 10

Submit a new recipe for: Main Dishes

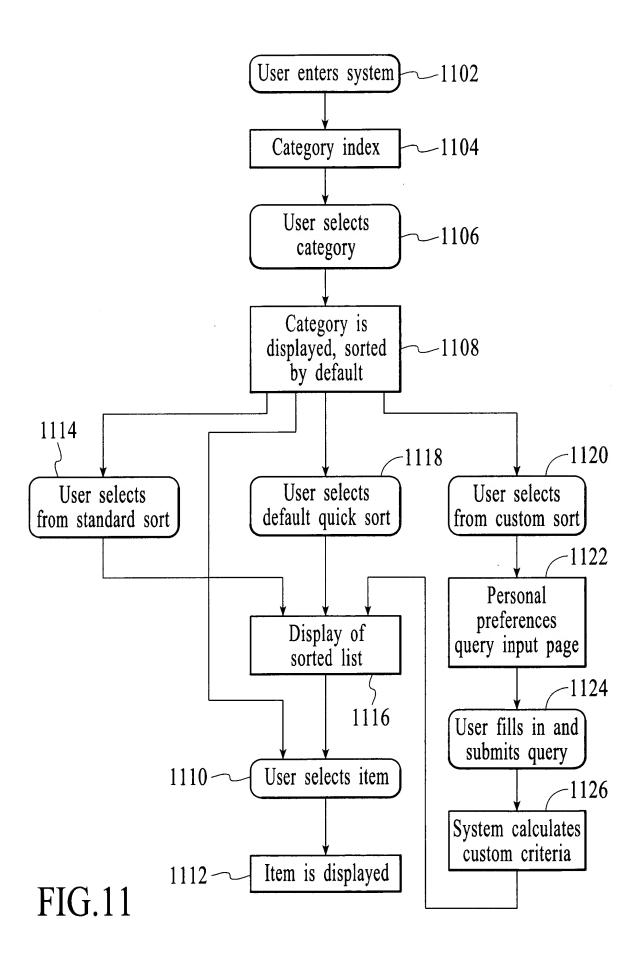
Before you contribute a recipe there are two steps you must follow: Step 1: Find the Appropriate sub-category

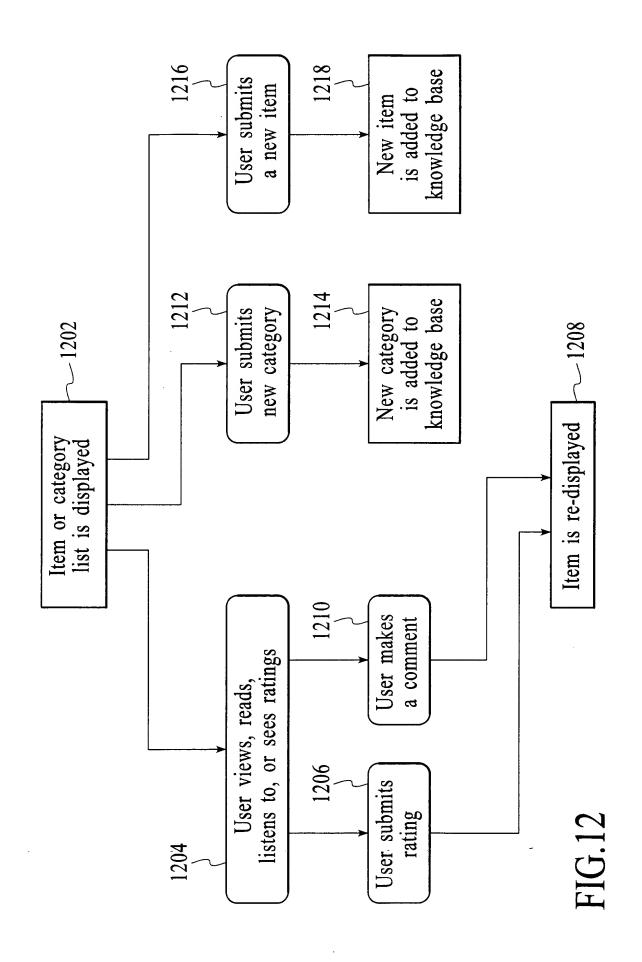
Finding the right sub-category for your contribution is just a matter of browsing until you get to the appropriate category. When you look for the right sub-category, get as specific as possible. Dig deep into the CookBook, looking for the right subject area. You cannot contribute a recipe to the top level category. You can only contribute to a sub-category that can include recipes. Step 2: Contribute your recipe from the appropriate Sub-category Contribute your recipe from the category you think most appropriate. Currently you are in the main dishes category. If this is not the appropriate category for your recipe, click here to go the top level category and find the right sub-category.

If you would like to share one of your favorite recipes, enter it into the field below. You may paste or type text into the field.



Submit Recipe





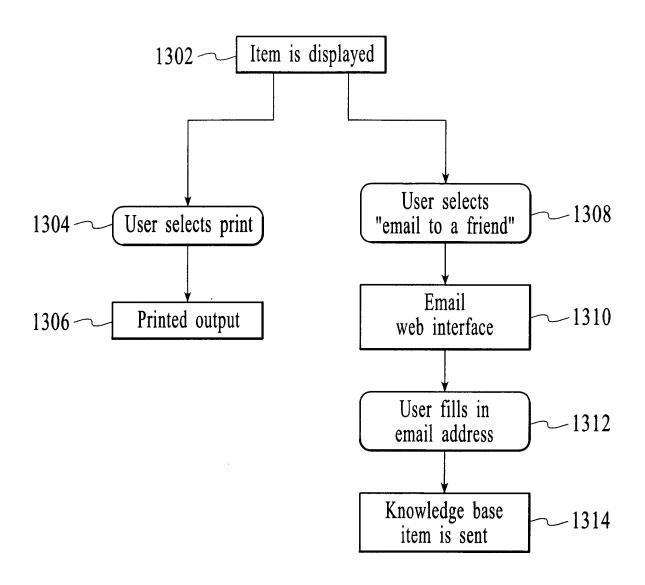


FIG.13